

How to Begin

A Family Tree is used to diagram family history so you can see where problems are in each generation. To construct your Family Tree, go back at least four generations, even if you do not know all names. If possible, check with relatives to get more details or clearer information. Simply write on the Family Tree every issue that you would like to bring to the Lord.

- Begin at the bottom of the Family Tree.
- Fill in your name and your spouse's name and any problems you have. (If divorced, insert your previous spouse's name.)
- Do the same with your children, your parents, and your brothers and sisters.
- Continue in this way up the family tree as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically as from grandfather to father; some appear horizontally, from aunt to aunt or cousin to cousin. Some of the problems are obvious; others are known only to God.
- Don't worry about what you do not know. Jesus will reveal what you need to know.
- You are the only one who will see the Family Tree. At the Generational Healing Communion Service you may fold it and place it at the foot of the cross before taking Communion. When the service concludes there will be an opportunity to burn it outside in a fire.

Adoption

If you were adopted, you may have minimal information regarding your biological family. In that case, include whatever information you have, as well as any pertaining to your adopted family. If you were adopted and are unaware of your biological family, simply include all the information pertaining to your adopted family.

Persevere in Prayer

Great traumas may be healed through generational healing prayer without your knowing their exact cause. However, if you find that your family's problems are not completely resolved after one Holy Communion or healing prayer session, continue to intercede for them. In some cases, it may be necessary to repeat several times the Prayer for the Healing of Generations for family bloodlines.

Areas of Generational Bondage

Below are some of the common areas of generational bondage or sin that may jog your memory to complete the picture of your family line.

Unusual and Violent Deaths or Severe Trauma

- Committed or attempted suicide
- Murdered or died in tragic ways (accidents or wars)
- Committed an abortion or participated in or sponsored an abortion
- Repeated miscarriages

- Died in a mental institution, nursing home, or prison (especially those who felt lonely, unloved, or abandoned)
- Unnaturally grieved
- Not given a Christian burial, including committal services or prayer, or were not mourned
- Untimely deaths
- Severe trauma with evidence of effects passed on through the family (drowning, resulting in fear of water in other members, especially descendants)

Evidence of Occult or Demonic Activity

- Superstitions
- Involved in the occult (witchcraft, astrology, spiritualism, divination)
- Opening oneself to powers of the spiritual realm, such as pre-cognition or psychic abilities
- Made a blood covenant with Satan or involved in satanic worship
- Involved with a witch or other persons involved in the occult

Habitual Sexual Sins

- Adultery / fornication
- Prostitution
- Homosexuality in all forms
- Gender confusion of all forms
- Incest
- Pornography
- Lust
- Sexual promiscuity
- Sexual perversions
- Sexual addictions

Be sure to list all sexual partners and/or any soul-ties you have with another. This is extremely important. Even if it was not sexual, you may be tied spiritually, emotionally or mentally. **If you are enjoined to another in an unholy way, you must be cut free from this relationship.**

Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's plan and will. He only sets us free from the unholy or destructive part of the relationship. This is an especially important step when you are married or planning to marry. Your marriage bed should only include you, your spouse and God.

Other Habitual Sins

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| • Violence | • Greed |
| • Abuse (physical, mental, emotional, spiritual) | • Religious prejudice |
| • Incest | • Materialism |
| • Racial prejudice | • Arrogance |
| • Anger | • Hatred |
| • Judgments | • Unforgiveness |
| • Murder | • Addictions (alcoholism, nicotine, drugs, food) |
| • Pride | |

Destructive or Abnormal Patterns of Relationships

- Divorces
- Abuse (emotional, mental, physical, spiritual)
- Hostility
- Control
- Manipulation
- Domination
- Revenge
- Unforgiveness
- Bitterness
- Anger
- Depression
- Labeling of family members as outcast, black sheep, scapegoat, or failure

Diseases or Predispositions to Illness

Arthritis	Fibromyalgia	Manic Depressive Disorders	Respiratory Issues
Cancer	Headaches	Mental Retardation	Skin Problems
Diabetes	Heart Trouble	Mental Disturbances	Ulcers
Depression	High Blood Pressure	Nervous Breakdowns	

Historical Family Connections

- Involvement with events of great sin, evil, or trauma (massacres, plagues, slavery, conquests)
- Ethnic origin issues, negative traits, cultural evils, oppression, curses (European, Asian, African, Native American or Caribbean ancestry, etc.)

Religious History

- List all non-Judeo-Christian religions in the family or ancestral history (Islam, Buddhism)

In Utero Wounding

- Child conceived in lust or rape
- Illegitimacy
- Parent considering adoption or abandonment
- Ambivalence or rejection from either parent
- Fears, anxiety (mother had difficulty carrying child to term)
- Attempted or failed abortion
- Loss of father
- Life-threatening illness of the mother
- Life threatening illness of the baby
- Mother had miscarriages or abortions before your conception
- Life-threatening illness of the baby

Look for Patterns

Once you have finished constructing the Family Tree, **look at the possible patterns or problem areas within the family bloodlines.** Remember to ask the Holy Spirit to reveal His Truth. He may give you an area that is not listed above, but it is essential to put down all areas revealed to you. Identify by name the people in your family who were involved in each issue and sin.